

## October 2024

## Assisted Living Memory Support

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday  |
|--|---|--|---|--|---|---|
|  |   | 9:30 Rosary<br>10:00 Manicures & Music<br>1:30 1:1 Visits<br>1:30 Fitness Fun<br>2:00 Floyd Andrews<br>Performance (CH)            | 9:30 Activity Planning 9:30 Rosary 10:00 Fitness Fun! 10:45 Word Games 1:30 1:1 Visits 1:45 Chair Volleyball (CH) 3:00 Music and Relaxation         | 9:30 Good Morning<br>Program<br>9:45 Daily Chronicles<br>10:00 Bingo<br>11:00 Rosary<br>1:30 Journey to Fitness<br>2:15 Celebrity Biography          | 9:00 Music With Melissa 9:30 Rosary 10:00 Bean Bags w Barnabas 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Active Game Time 2:30 Refreshments & Daily Chronicles | 9:30 Exercise 10:00 Coffee & Conversation 10:30 Trivia 1:30 Table Games 3:00 Movie Matinee                                    |
| 9:30 Catholic Mass (Ch 7) 10:00 Coffee & Conversation 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music and Meditation    | 9:15 Good Morning<br>Program<br>10:00 Catholic Mass (CH)<br>10:45 Morning Stretch<br>1:00 Music w/ Melissa<br>2:00 Bingo<br>3:00 Snack and Inspirational<br>Stories | 9:30 Rosary 10:00 Protestant Communion (TMR) 10:00 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Table Games 3:00 Trivia | 9 9:30 Rosary<br>10:00 Fitness Fun!<br>10:45 Word Games<br>1:30 1:1 Visits<br>2:00 Active Game<br>3:00 Music and Relaxation<br>3:30 Massage Therapy | 9:30 Good Morning<br>Program<br>9:45 Daily Chronicles<br>10:00 Bingo W/ Parklawn<br>11:00 Rosary<br>1:30 Journey to Fitness<br>2:15 Travel the World | 9:00 Music With Melissa 9:30 Rosary 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Residents Choice 2:30 Refreshments & Daily Chronicles                            | 9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Dice Games 3:00 Movie Matinee                                   |
| 9:30 Catholic Mass (Ch 7) 10:00 Rosary 10:30 Fitness Fun 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music and Meditation | 9:15 Good Morning<br>Program<br>10:00 Catholic Mass (CH)<br>11:00 Morning Stretch<br>1:00 Music w/Melissa<br>2:00 Bingo<br>3:00 Snack and Inspirational<br>Stories  | 9:30 Rosary<br>10:00 Manicures & Music<br>1:30 1:1 Visits<br>1:30 Fitness Fun<br>2:15 Table Games<br>3:00 Trivia                   | 9:30 Rosary<br>10:00 Fitness Fun!<br>10:45 Word Games<br>1:30 1:1 Visits<br>1:45 Chair Volleyball (CH)<br>3:00 Music and Relaxation                 | 9:30 Good Morning<br>Program<br>9:45 Daily Chronicles<br>10:00 Bingo<br>11:00 Rosary<br>1:30 Journey to Fitness<br>2:15 Celebrity Biography          | 9:00 Music With Melissa 9:30 Rosary 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Residents Choice 2:30 Refreshments & Daily Chronicles                            | 9:30 Exercise 10:00 Coffee and Conversation (TR) 10:00 Memorial Service (CH) 10:30 Trivia 1:30 Table Games 3:00 Movie Matinee |



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## Assisted Living Memory Support

| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   |
|--|--|--|---|---|---|--|
| 9:30 Catholic Mass (Ch 7) 10:00 Rosary 10:00 Coffee & Conversation (MP) 11:00 Word Games 2:00 Movie Matinee 4:00 Music and Meditation      | 9:15 Good Morning<br>Program<br>10:00 Catholic Mass (CH)<br>11:00 Morning Stretch<br>1:00 Music w/Melissa<br>2:00 Bingo<br>3:00 Snack and Inspirational<br>Stories | 9:30 Rosary<br>10:00 Manicures & Music<br>1:30 1:1 Visits<br>1:30 Fitness Fun<br>2:00 Performance by Tim<br>Wisley (CH)  | 9:30 Rosary<br>10:00 Fitness Fun!<br>10:45 Word Games<br>1:30 1:1 Visits<br>2:00 Fall Social<br>3:00 Music and Relaxation                       | 9:30 Good Morning<br>9:45 Daily Chronicles<br>10:00 Bingo<br>11:00 Rosary<br>1:30 Journey to Fitness<br>2:00 Travel the World<br>3:30 Jeopardy (Ch 7) | 9:00 Music With Melissa 9:30 Rosary 10:00 BOOs & Brews Haunted House Event (CH/Oak) 1:30 Resident Choice 2:30 Refreshments & Daily Chronicles | 9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 2 Pictures 1 Word 3:00 Movie Matinee |
| 9:30 Catholic Mass (Ch 7) 10:00 Rosary (TR) 10:00 Community Bingo (CH) 2:00 Movie Matinee w/ Healthy Snacks (TR) 4:00 Music and Meditation | 9:15 Good Morning<br>Program<br>10:00 Catholic Mass (CH)<br>10:45 Morning Stretch<br>1:00 Music w/Melissa<br>2:00 Bingo<br>3:00 Snack and Inspirational<br>Stories | 9:30 Rosary<br>10:00 Manicures & Music<br>1:30 1:1 Visits<br>1:30 Fitness Fun<br>2:00 Magic Show w/ John<br>Measner (CH) | 9:30 Rosary<br>10:00 Fitness Fun<br>10:45 Word Games<br>1:30 1:1 Visits<br>2:30 Birthday Party w/<br>Dante Salamante<br>3:00 Music & Relaxation | 9:30 Good Morning<br>9:45 Daily Chronicles<br>10:00 Bingo<br>11:00 Rosary<br>1:30 Journey to Fitness  | KEY CH=Community Hall MDR= Dining Room MP= Marketplace OR= Oak Room P= Parlor SA=Sitting Area TMR= Thomas Miller Room TR= Touhy Room          |  |