



February 2025

Assisted Living Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Happy Birthday 2/26 Dennis Kennedy		1 9:30 Exercise 10:00 Coffee & Conversation 10:30 Trivia 1:30 Table Games 3:00 Movie Matinee
Groundhog Day 2 9:30 Catholic Mass (Ch 7) 10:00 Coffee & Conversation (MP) 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music and Meditation	3 9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/ Melissa 2:00 Sundaes on Monday 2:30 Bingo	4 9:30 Rosary 10:00 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Table Games 3:00 Trivia	5 9:30 Rosary 10:00 Fitness Fun! 10:45 Word Games 1:30 1:1 Visits 2:00 Thomas & Friends Performance (CH) 3:00 Music and Relaxation 3:30 Massage Therapy w/ Eddi	6 9:30 Good Morning Program 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:00 Love & Marriage w/ Matt & Cynthia Gruel (CH)	7 9:00 Music With Melissa 9:45 Rosary 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Music & Sing Along 2:30 Residents Choice	8 9:30 Exercise 10:00 Coffee & Conversation 10:30 Trivia 1:30 2 Pictures 1 Word 3:00 Movie Matinee
Superbowl Sunday 9 9:30 Catholic Mass (Ch 7) 10:00 Rosary 10:30 Fitness Fun 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music and Meditation 5:30 Superbowl (Ch 32)	10 9:15 Good Morning Program 10:00 Catholic Mass (CH) 11:00 Morning Stretch 1:00 Music w/Melissa 2:00 Sundaes on Monday 2:30 Bingo	11 9:30 Rosary 10:00 Protestant Communion 10:00 Manicures & Music (CH) 10:30 Valentines for Vets (CH) 1:30 1:1 Visits 2:00 Underground Railroad in Beverly & Morgan Park (CH) 3:00 Trivia	12 9:30 Rosary 10:00 Fitness Fun 10:30 Active Games 1:30 1:1 Visits 2:00 Brain Fitness 3:00 Snack & Chat	13 9:30 Good Morning Program 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 6:30 Sweet Heart Social w/ Jeff Dewbray Band (CH)	Valentine's Day 14 9:00 Music With Melissa 9:45 Rosary 10:00 Sit & Be Fit 10:00-2:00 Spread the Love Fundraiser & Bake Sale (MP) 10:30 Morning Trivia 1:30 Music & Sing Along 2:30 Resident Choice	15 9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Dice Game 3:00 Movie Matinee



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 9:30 Catholic Mass (Ch 7) 10:00 Coffee & Conversation w/ Anna Belle (MP) 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snack 4:00 Music and Meditation	17 Presidents' Day 9:15 Good Morning Program 10:00 Catholic Mass (CH) 11:00 Morning Stretch 1:00 Music w/ Melissa 2:00 Sundaes on Monday 2:30 Bingo	18 9:30 Rosary 10:00 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Table Games 3:00 Trivia	19 9:30 Rosary 10:00 Fitness Fun 10:45 Word Games 1:30 1:1 Visits 1:30 Chair Volleyball (CH) 3:00 Music & Relaxation	20 9:30 Good Morning 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:15 Celebrity Biography 7:00 Bingo Night	21 9:00 Music With Melissa 9:45 Rosary 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Music & Sing Along 2:30 Resident Choice	22 9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Table Games 3:00 Movie Matinee
23 9:30 Catholic Mass (Ch 7) 10:00 Rosary (TR) 10:00 Community Bingo (CH) 2:00 Movie Matinee w/ Healthy Snacks (TR) 4:00 Music and Meditation	24 9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/Melissa 2:00 Sundaes on Monday 2:30 Bingo	25 9:30 Rosary 10:00 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:00 Topsy Tuesday (Oak) 3:00 Trivia	26 9:30 Rosary 10:00 Fitness Fun 10:45 Word Games 1:30 1:1 Visits 2:30 Birthday Party w/ Peter Milletic (ALMDR)	27 9:30 Good Morning 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:15 Travel the world	28 Ramadan Begins 9:00 Music With Melissa 9:45 Rosary 10:00 Sit & Be Fit 10:30 Morning Trivia 2:00 Mardi Gras Entertainment w/ Tim Wisley (CH)	