



December 2024

Assisted Living Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Catholic Mass (Ch 7) 10:00 Coffee & Conversation 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music and Meditation</p>	<p>2</p> <p>9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/ Melissa 3:00 Snack and Inspirational Stories</p>	<p>3</p> <p>9:30 Rosary 10:00 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Table Games 3:00 Trivia</p>	<p>4</p> <p>9:30 Rosary 10:00 Holiday Craft 10:45 Word Games 11:00 Activity Planning 1:30 1:1 Visits 1:45 Chair Volleyball (CH) 3:00 Music and Relaxation 3:30 Massage Therapy</p>	<p>5</p> <p>9:30 Good Morning Program 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:15 Travel the World</p>	<p>6</p> <p>9:00 Music With Melissa 9:30 Daily Chronicles 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Wine & Poetry 2:30 Residents Choice</p>	<p>7</p> <p>10:00 Community Theater Carolers (CH) 1:30 Card Games 3:00 Movie Matinee</p>
<p>8</p> <p>9:30 Catholic Mass (Ch 7) 10:00 Rosary 10:30 Fitness Fun 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music and Meditation</p>	<p>9</p> <p>9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/ Melissa 3:00 Snack and Inspirational Stories</p>	<p>10</p> <p>9:30 Rosary 10:00 Protestant Communion (TMR) 10:00 Manicures & Music 1:30 Fitness Fun 2:00 Larry Bergnach Presents: Al Capone (CH)</p>	<p>11</p> <p>9:30 Rosary 10:00 Fitness Fun! 10:45 Word Games 1:30 1:1 Visits 2:00 Active Game 3:00 Music and Relaxation 3:30 Mac Melody: McAuley Show Choir (CH)</p>	<p>12</p> <p>9:30 Good Morning Program 9:45 Daily Chronicles 10:00 Bingo W/ Parklawn 11:00 Rosary 1:30 Journey to Fitness 2:15 Celebrity Bio 5:00 Roaring '20s Board Party</p>	<p>13</p> <p>9:00 Music With Melissa 9:45 Daily Chronicles 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Wine & Poetry 2:30 Residents Choice</p>	<p>14</p> <p>10:00 St. Christinia Carolers 10:30 Trivia 1:30 Pictures w/ Santa (IL Lobby) 2:00 Performance by Beverly All Stars (CH)</p>
<p>15</p> <p>9:30 Catholic Mass (Ch 7) 10:00 Coffee & Conversation (MP) 10:30 Fitness Fun 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music and Meditation</p>	<p>16</p> <p>9:15 Good Morning Program 10:00 Catholic Mass (CH) 11:00 Morning Stretch 12-3 Chriskindlemarket (CH) 1:00 Music w/Melissa 2:00 Bingo 3:00 Snack and Inspirational Stories</p>	<p>17</p> <p>9:30 Rosary 10:00 Manicures & Music 1:30 Fitness Fun 2:30 Birthday Party w/ Ray Forlenza (ALMDR)</p>	<p>18</p> <p>9:30 Rosary 10:00 Let's Decorate Holiday Cookies 10:45 Word Games 1:30 1:1 Visits 2:00 Ukulele Moonshiners Christmas Show (CH) 3:00 Musoc & Relaxation</p>	<p>19</p> <p>9:30 Good Morning Program 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:15 Travel the World: European Christmas 7:00 Bingo Night (MP)</p>	<p>20</p> <p>9:00 Music With Melissa 9:45 Daily Chronicles 10:00 Sit & Be Fit 10:30 Morning Trivia 2:00 SV Holiday Show & Ugly Sweater Contest (CH)</p>	<p>21</p> <p>First Day of Winter 9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Dice Games 3:00 Movie Matinee</p>



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Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28
9:30 Catholic Mass (Ch 7) 10:00 Community Bingo (MP) 11:00 Word Games 2:00 Resident Holiday Party 4:00 Music and Meditation	9:15 Good Morning Program 10:00 Catholic Mass (CH) 11:00 Morning Stretch 2:00 Holiday Bingo 3:00 Snack & Inspirational Stories	9:30 Rosary 10:00 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Table Games 3:00 Trivia	Christmas Hannukah Begins 9:30 Rosary 10:00 Let's watch a holiday movie	9:30 Good Morning 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:15 Celebrity Biography 3:30 Jeopardy (Ch 7)	9:00 Music With Melissa 9:45 Daily Chronicles 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Wine & Poetry 2:30 Resident Choice	9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Table Games 3:00 Movie Matinee
29	30	31				
9:30 Catholic Mass (Ch 7) 10:00 Rosary (TR) 10:00 Coffee & Conversation (MP) 2:00 Movie Matinee w/ Healthy Snacks (TR) 4:00 Music and Meditation	9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/Melissa 2:00 Bingo 3:00 Snack and Inspirational Stories	9:30 Rosary 10:00 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:00 NYE Entertainment w/ Erik Donner	Merry Christmas! Happy Hannukah! Happy New Year!			