



July 2024

Oakhaven Assisted Living Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY CH=Community Hall MDR= Dining Room MP= Marketplace OR= Oak Room P= Parlor SA=Sitting Area TMR= Thomas Miller Room	1 9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/ Melissa 2:00 Bingo 3:00 Snack and Inspirational Stories	2 9:30 Rosary 9:30 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Table Games 3:00 Trivia	3 9:15 Activity Planning 9:30 Rosary 10:00 Fitness Fun 10:45 Word Games 1:30 1:1 Visits 1:45 Chair Volleyball (CH) 3:00 Music & Relaxation 3:30 Massage Therapy	4 Independence Day 9:15 Good Morning Program 9:30 Bingo 11:00 Rosary 1:00 1:1 Pods 1:30 Journey to Fitness 2:15 Travel the World 3:30 Jeopardy (Ch 7)	5 9:00 Music w/ Melissa 9:30 Rosary 09:45 Morning Matinee 1:30 Active Game Time 2:30 Refreshments & Daily Chronicles 3:30 Jeopardy (Ch 7)	6 9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Table Games 3:00 Movie Matinee
7 9:30 Catholic Mass (Ch 7) 10:00 Coffee & Conversation (MP) 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music & Meditation	8 9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/ Melissa 2:00 Bingo 3:00 Snack and Inspirational Stories	9 9:30 Rosary 10:00 Protestant Communion (TMR) 10:00 Manicures & Music 1:30 1:1 Visits 2:00 Floyd Andrews Performance (CH)	10 9:30 Rosary 10:00 Let's Make Cheesecake 11:00 Word Games 1:30 Centennial Time Capsule Letters (Oak) 1:45 Chair Volleyball (CH) 3:00 Music & Relaxation 3:30 Jeopardy (Ch 7)	11 9:15 Good Morning Program 9:30 Rosary 10:00 Bingo 1:00 1:1 Pods 1:30 Journey to Fitness 2:15 Celebrity Biography 3:30 Jeopardy (Ch 7)	12 9:00 Music w/ Melissa 9:30 Rosary 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Active Game Time 2:00 Mary Beaubot Performance (TR) 3:30 Jeopardy (Ch 7)	13 9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Table Games 3:00 Movie Matinee
14 9:30 Catholic Mass (Ch 7) 10:00 Rosary 10:30 Fitness Fun 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music & Mediation	15 9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/ Melissa 2:00 Bingo 3:00 Snack and Inspirational Stories	16 9:30 Rosary 10:00 Manicures & Music 1:30 Fitness Fun 2:15 2 Pictures 1 Word 3:00 Trivia	17 9:30 Rosary 10:00 Fitness Fun 10:45 Word Games 1:30 1:1 Visits 1:45 Chair Volleyball (CH) 3:00 Music and Relaxation	18 9:15 Good Morning Program 9:30 Bingo 11:00 Rosary 1:00 1:1 Pods 1:30 Journey to Fitness 2:00 Performance by Erik Donner (CH) 3:30 Jeopardy (Ch 7) 7:00 Bingo Night (MP)	19 9:00 Music With Melissa 9:30 Rosary 10:00 Sit & Be Fit 10:00-2:00 Farmers Market (VG) 10:30 Morning Trivia 1:30 Active Game Time 2:30 Refreshments & Daily Chronicles 3:30 Jeopardy (Ch 7)	20 9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Dice Games 3:00 Movie Matinee



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21	22	23	24	25	26	27
9:30 Catholic Mass (Ch 7) 10:00 Coffee & Conversation (MP) 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music & Meditation	9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/Melissa 2:00 Bingo 3:00 Snack and Inspirational Stories	9:30 Rosary 10:00 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Table Games 3:00 Trivia	9:30 Rosary 10:00 Fitness Fun 10:45 Word Games 1:30 1:1 Visits 2:00 Let's Go To the Garden 3:00 Music & Relaxation	9:15 Good Morning Program 9:30 Bingo 11:00 Rosary 1:00 1:1 Pods 1:30 Journey to Fitness 2:15 Travel the World 3:30 Jeopardy (Ch 7)	9:00 Music w/ Melissa 9:30 Rosary 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Active Game Time 2:30 Refreshments & Daily Chronicles 3:30 Jeopardy (Ch 7)	9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Pokeno 3:00 Movie Matinee
28	29	30	31			
9:30 Catholic Mass (Ch 7) 10:00 Rosary 10:00 Community Bingo (CH) 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music & Meditation	9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/Melissa 2:00 Bingo 3:00 Snack and Inspirational Stories	9:30 Rosary 9:30 Manicures & Music 1:30 1:1 Visits 2:00 Topsy Tuesday (Oak) 3:00 Trivia	9:30 Rosary 10:00 Fitness Fun 10:45 Word Games 1:30 1:1 Visits 2:30 Birthday Party w/ Ray Forlenza (MDR) 3:00 Music & Relaxation	Happy Birthday! 7/03 Agnita Byrd 7/31 Maureen Owens		