

## October 2024

## Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
Happy Birthday! Jeanne Foley 10/05 Anne O'Brien 10/06 Nancy Lyne 10/08 Mike Szluka 10/10 Mattie Ballard 10/17 Tom Lyons 10/18 Gene Sablick 10/20	Village Store Hours  Monday, Tuesday, Thursday  11:00am-3:00pm  Wednesday, Friday  11:00am-2:00pm	St. Xavier Nurse Practitioner, Eileen McCann Wednesdays from 9:00am-12:00pm in the Card Room Call 773-298-3753 to schedule an appointment  Marquette Bank Tuesdays from 10:30am-12:00pm in the Card Room	*PLEASE READ*  Please sign up for trips no later than 72 hours in advance. If you sign up, and end up not coming, you are responsible for the cost of your ticket or finding someone to take your place.  If you want to go on a trip, please sign up at the front desk.	Dr. Daly, Podiatrist Dr. Marshall, Dentist Dr. Ryan, Optometrist Miracle Ear Dr. Corbett, Audiologist  Please call the Assisted Living Desk at ext. 7700 to schedule an appointment	Art = 2nd Fl. Arts and Crafts C = 1st Fl. Card Room CH = 1st Fl. Community Hall CR = 1st Fl. Club Room GR = 3rd Fl. Game Room L = Lobby MDR = Main Dining Room MP = Market Place Oak= Oak Room P= Patio T= Movie Theater on 4th Fl. TMR= Thomas Miller Room WC= Wellness Center Ch 95- on your TV in your apt.	*= Call the desk at 7302 to reserve your spot!  Phone Numbers: 5430 Dining Reservations 7332 To Go Orders 5560 Salon 7649 Concierge-Shannon 7302 Security after 8pm				
Happy Birthday!  Sue Lawler 10/21 Veronica Carberry 10/28 Dave Degnan 10/28 Bob Mullins 10/30 Maureen Lamas 10/30 Velma Frierson 10/31		1 9:00 Yoga Strength Work Out (Ch 95) 11:00 North by Northwest (T) 11:00 Rosary (Ch 95) 11:00 Walgreens (L) (Sign Up) 12:00 Cup Pong Practice (GR) 12:30 History of the Magic Kingdom (Ch 95) 1:00 Walgreens (L) (Sign Up) 1:30 Brain Fitness (Art) 2:00 Floyd Andrews Performance (CH) 3:00 Standing Balance (WC) 6:00 National Park: Yosemite (Ch 95)	9:00 Mahatma Gandhi Life Story (Ch 95) 10:00 Stretch & Strengthen (WC) 10:00 Whoo's Caring Blood Pressure Checks © 11:00 Lesley and Karen Craft Class (Sign Up) (Art) 11:00 Rosary (Ch 95) 11:15 Wii Bowling (GR) 11:30 Redwood National Park (Ch 95) 1:00 Boxing and Balance (Oak) 2:00 Superfood of the Month: Pumpkin w/Maureen (Oak) 2:30 Chair Volleyball (CH) 6:00 The Life of Thurgood Marshall (Ch 95)	9:00 Seated Functional Fitness (Ch 95) 10:30 Power Walk w/David (AL Lobby) 11:00 Halloween Cookie Decorating w/Park Lawn (Oak) 11:00 Rosary (Ch 95) 11:30 Frank Robinson Documentary (Ch 95) 11:30 Olive Garden (Sign Up) (T) 2:30 Pickle Ball w/David (CH) 6:00 Andy Griffith Show Reunion (Ch 95) 7:00 Hubie Halloween (T)	10:00 Bean Bags w/ St.Barnabas (CH) 11:00 Rosary (Ch 95) 11:30 The American Orient Express Documentary (Ch 95) 1:00 SV Sports Club: Bean Bag	9:00 Seated Tai Chai (Ch 95) 11:00 Rosary (Ch 95) 11:30 Kate Winslet: Leading Lady (Ch 95) 6:00 Modern Marvels:America's Oldest Cand Store (Ch 95)				
9:00 Motown Seated Work Out (Ch 95) 11:00 Rosary (Ch 95) 11:30 St. Louis German Americans (Ch 95) 2:00 Line Dancing w/Natasha (WC) 2:45 Southwest Symphony (Sign Up) (L) 6:00 Modern Marvels: America's Cheese Empire (Ch 95)	9:00 Noodle Workout (WC) 10:00 Catholic Mass (CH) 11:00 Rosary (Ch 95) 11:30 Yo- Yo Ma's: The Magic of Music (Ch 95) 1:00 Bridge Club © 1:30 Standing Balance (WC) 2:00 New Axe Throwing (WC) 2:30 Bingo w/ Tory (AL MDR) 3:00 Village Chorale (CH) 6:00 Mary Kay: The Cosmetic Empire (Ch 95)	9:00 Yoga Strength Work Out (Ch 95) 10:00 Protestant Communion (TMR) 11:00 Rosary (Ch 95) 11:00 T.J Maxx (Sign Up) (L) 11:30 The Great Fire of Chicago (Ch 95) 12:00 SV Sports Club: Ping Pong Practice (GR) 1:00 T.J Maxx (Sign Up) (L) 1:30 Brain Fitness (Art) 2:00 Michael Collins (T) 3:00 Standing Balance (WC)	9 9:45 Gaelic Park Tea Party (Sign Up) (L) 10:00 Stretch & Strengthen (WC) 10:00 Whoo's Caring Blood Pressure Checks (C) 11:00 Crochet w/ Lisa (Oak) 11:00 Rosary (Ch 95) 11:15 Wii Bowling (GR) 11:30 The Viking Discovery of Americas (Ch 95) 2:00 Chef Demo (MDR) 2:30 Bocci Ball (WC) 6:00 History of the Washington Monument (Ch 95)	(Ch 95) 10:00 Food Committee (MDR) 10:30 Power Walk w/David (AL Lobby) 11:00 Rosary (Ch 95) 11:30 Activity Planning Meeting (T) 12:00 Smith Crossing: History of Orland Park (Sign Up) (L) 2:30 Pickle Ball w/David (CH)	11 8:45 SXU Hearing Screening (Sign Up) (L) 9:00 Fitness Fridays (WC) 10:00 \$\$ Bingo (Oak) 11:00 Rosary (Ch 95) 11:30 Al Capone's Secret City of Chicago (Ch 95) 1:00 SV Sports Club: Bean Bag Practice (WC) 2:30 Chair Volleyball (CH) 6:00 John Candy: The Lovable Man Biography (Ch 95) 7:00 Scrabble/Game Night (C)	8:45 Yoga w/Susan (WC) 9:00 Seated Tai Chai (CH 95) 9:15 Donuts w/Shannon (Oak) 11:00 Rosary (Ch 95) 11:30 Alcatraz: The Island of No Return (Ch 95) 1:00 Hocus Pocus 1 (T) 6:00 Luciano Pavarotti: Legends of Opera (Ch 95)				



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Gentle Seated Exercise Program (Ch 95) 11:00 Rosary (Ch 95) 11:30 Margaret Thatcher: Britain Prime Minister (Ch 95) 1:00 Hocus Pocus 2 (T) 6:00 Buying the White House (Ch 95)	14 9:00 Noodle Workout (WC) 10:00 Catholic Mass (CH) 11:00 Rosary (Ch 95) 11:30 MLK: The Fight for Civil Rights (Ch 95) 1:00 Bridge Club © 1:30 Standing Balance (WC) 2:00 New Axe Throwing (WC) 2:30 Bingo w/ Tory (AL MDR) 3:00 Village Chorale 6:00 Ralph Lauren Documentary (Ch 95)	15 9:00 Yoga Strength Work Out (Ch 95) 10:30 Centennial Event: Robie House (Sign Up) (L) 11:00 Rosary (Ch 95) 11:30 Patsy Cline Documentary (Ch 95) 12:00 SV Sports Club: Cup Pong Practice (GR) 1:30 Brain Fitness (Art) 2:00 Jim Civic: Most Important Presidential Elections (T) 3:00 Standing Balance (WC) 6:00 The Statue of Liberty (Ch 95) 6:30 Dementia Support Group (CR) 7:00 Story Hour (T)	16 10:00 Stretch & Strengthen (WC) 10:00 Whoo's Caring Blood Pressure Checks © 11:00 Rosary (Ch 95) 11:00 TED Talk: The Beauty of Wildlife (T) 11:15 Wii Bowling (GR) 12:00 Caramel Apple Tasting (Oak) 2:00 Discussion About Moves in SV W/Shannon (T) 2:30 Chair Volleyball (WC) 4:30 Birthday Dinner (Invite Only) (Oak) 6:00 Angela Lansbury's Career (Ch 95)	9:00 Seated Functional Fitness (Ch 95) 10:30 Power Walk w/David (AL Lobby) 11:00 Good Eats Trip: Famous Dave's (Sign Up) (L) 11:00 Rosary (Ch 95) 11:30 Cadillac Evolution (Ch 95) 12:00 Forest Gump (T) 2:30 Pickle Ball w/David (CH) 6:00 Mae Jemison: Future of Space Travel (Ch 95) 6:30 Oktoberfest w/ Ent. Alphine Thunder (CH)	18 8:45 Starved Rock (Sign Up)(L) 9:00 Fitness Fridays (WC) 10:00 \$\$ Bingo (Oak) 11:00 Rosary (Ch 95) 11:30 The Hidden History of Route 66 (Ch 95) 1:00 SV Sports Club: Bean Bag Practice (WC) 2:30 Chair Volleyball (WC) 6:00 The Chuck Berry Story (Ch 95) 7:00 Scrabble/Game Night (C)	19 9:00 Seated Tai Chai (CH 95) 10:00 Memorial Service (CH) 11:00 Rosary (Ch 95) 6:00 Rick Steve's Scotland Island (Ch95)
20 9:00 Yoga Stretch and Strength (Ch 95) 11:00 Rosary (Ch 95) 11:30 Bela Lugosi: The Rise of Dracula (Ch 95) 2:00 Line Dancing w/Natasha (WC) 6:00 Mickey Mantle Biography (Ch 95)	9:00 Noodle Workout (WC) 10:00 Catholic Mass (CH) 11:00 Rosary (Ch 95) 1:00 Bridge Club © 1:30 Standing Balance (WC) 2:00 New Axe Throwing (WC) 2:30 Bingo w/ Tory (AL MDR) 3:00 Village Chorale (CH)	22 9:00 Yoga Strength Work Out (Ch 95) 11:00 Rosary (Ch 95) 11:30 5 Magicians on America's Got Talent (Ch 95) 11:30 Konow's Pumpkin Patch (Sign Up) (L) 12:00 SV Sports Club: Ping Pong Practice (GR) 1:30 Brain Fitness (Art) 2:00 Performance by Tim Wisley (CH) 3:00 Standing Balance (WC) 6:00 Alfred Nobel Biography (Ch 95)	23 10:00 Stretch & Strengthen (WC) 10:00 Whoo's Caring Blood Pressure Checks (C) 11:00 Health Bingo w/Kyla (Oak) 11:00 Rosary (Ch 95) 11:15 Wii Bowling (GR) 11:30 100 Years of Confident Voices (Ch 95) 12:00 Crochet w/ Lisa (Oak) 2:00 Beetlejuice Experience (T) 2:30 Bocci Ball (WC) 6:00 Pope John Paull II (Ch 95)	24 9:00 Seated Functional Fitness (Ch 95) 10:00 Resident Council (CH) 10:30 Power Walk w/David (AL Lobby) 11:00 Rosary (Ch 95) 11:00 Trip to Aldi's (Sign Up) (L) 11:30 The Real Doctor Zhivago (Ch 95) 2:30 Pickle Ball w/David (CH) 7:00 Murder on the Orient Express (T)	9:00 Fitness Fridays (WC) 11:00 Rosary (Ch 95) 11:30 Buddy, Ritchie, Big Bopper (Ch 95) 1:00 SV Sports Club: Bean Bag Practice (WC) 2:00 Haunted Happy Hour (CH/Oak) 6:00 The Beauty of Niagara Falls (Ch 95) 7:00 Scrabble/Game Night (C)	26 8:45 Yoga w/Susan (WC) 9:00 Seated Tai Chai (CH 95) 11:00 Rosary (Ch 95) 11:30 Frankenstein: Birth of a Monster (Ch 95) 1:00 Mahalia Jackson: Queen of Gospel (Ch 95) 2:30 BAC: Adams Family (Sign Up) (L) 6:00 The Erie Canal in America (Ch 95)
27 9:00 Chair Aerobics (Ch 95) 10:00 Community Bingo (CH) 11:00 Rosary (Ch 95) 11:30 Emily Post: House Etiquette (Ch 95) 6:00 John Cleese Documentary (Ch 95)	28 9:00 Noodle Workout (WC) 10:00 Catholic Mass (CH) 11:00 Rosary (Ch 95) 11:15 19th Ward Halloween Party (Sign Up) (L) 12:30 Julia Roberts Documentary (Ch 95) 1:00 Bridge Club © 1:00 Halloween Town (T) 1:30 Standing Balance (WC) 2:00 New Axe Throwing (WC) 2:30 Bingo w/ Tory (AL MDR) 3:00 Village Chorale (CH) 6:00 1929 Stock Market Crash (Ch 95)	29 9:00 Yoga Strength Work Out (Ch 95) 11:00 Mariano's (Sign Up) (L) 11:00 Rosary (Ch 95) 11:30 Halloween Town 2 (T) 12:00 SV Sports Club: Cup Pong Practice (GR) 1:00 Mariano's (Sign Up) (L) 1:30 Brain Fitness (Art) 2:00 Magic Show w/ John Measner (CH) 3:00 Standing Balance (WC) 6:45 Trivia Night (Oak)	30 10:00 Stretch & Strengthen (WC) 10:00 Whoo's Caring Blood Pressure Checks © 11:00 Family Feud (Oak) 11:00 Rosary (Ch 95) 11:15 Wii Bowling (GR) 11:30 Good Eats Trip: Manzo's (Sign Up) (L) 2:00 Craft Class w/ Whoo's Caring and Shannon (Oak) 2:30 Chair Volleyball (CH) 6:30 History of Jack O'Lanterns (Ch 95)	31 9:00 Seated Functional Fitness (Ch 95) 10:30 Power Walk w/David (AL Lobby) 11:00 Book Club (Oak) 11:00 Rosary (Ch 95) 11:00 Walmart (Sign Up) (L) 2:00 Halloween Pumpkin & Costume Contest (MP/MDR) 2:30 Pickle Ball w/David (CH) 6:00 History of Halloween (Ch 95) 7:00 Inside Out 2 (T)		