

## July 2024

## Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! 7/15 Edna Klyce 7/19 Dee Mayher 7/23 Maryann Drake 7/24 James Ford 7/25 Helen Daste 7/29 Jim Kean 7/30 Joan Kelly	Happy Birthday! 7/04 Jean Lawler 7/06 Bill Barry 7/07 Naomi Alton 7/07 Beth O'Grady 7/12 Deani Balthazar 7/13 George Poulos 7/14 Mae Wygant	St. Xavier Nurse Practitioner, Eileen McCann Wednesdays from 9:00am-12:00pm in the Card Room Call 773-298-3753 to schedule an appointment  Marquette Bank Tuesdays from 10:30am-12:00pm in the Card Room	*PLEASE READ*  Please sign up for trips no later than 72 hours in advance. If you sign up, and end up not coming, you are responsible for the cost of your ticket or finding someone to take your place.  If you want to go on a trip, please sign up at the front desk.	Doctor Visits: Dr. Tillman, Podiatrist Dr. Daly, Podiatrist Dr. Marshall, Dentist Dr. Ryan, Optometrist Miracle Ear Dr. Corbett, Audiologist  Please call the Assisted Living Desk at ext. 7700 to schedule an appointment	Art = 2nd Fl. Arts and Crafts C = 1st Fl. Card Room CH = 1st Fl. Community Hall CR = 1st Fl. Club Room GR = 3rd Fl. Game Room L = Lobby MDR = Main Dining Room MP = Market Place Oak= Oak Room P= Patio T= Movie Theater on 4th Fl. TMR= Thomas Miller Room WC= Wellness Center Ch 95– on your TV in your apt.	*= Call the desk at 7300 to reserve your spot!  Phone Numbers: 5430 Dining Reservations 7332 To Go Orders 5560 Salon 7649 Concierge-Shannon
Village Store Hours  Monday, Tuesday, Thursday  11:00am-3:00pm  Wednesday, Friday  11:00am-2:00pm	1 9:00 Noodle Workout (WC) 10:00 Catholic Mass (CH) 11:00 Rosary (Ch 95) 11:30 History of Canada (Ch 95) 12:00 Whoo's Caring Blood Pressure Checks (C) 1:00 Bridge Club (C) 1:00 Ice Cream Trip: The Creamery (Sign Up) (L) 1:30 Standing Balance (WC) 2:30 Bingo w/ Tory (AL MDR) 3:00 Village Chorale (CH) 6:00 Medicare Explained (Ch 95)	9:00 Yoga Strength Work Out (Ch 95) 11:00 Rosary (Ch 95) 11:00 Walgreens (L) (Sign Up) 11:30 Thurgood Marshall (Ch 95) 12:30 Cup Pong Practice (GR) 1:00 Walgreens (L) (Sign Up) 2:00 Casablanca (T) 3:00 Standing Balance (WC) 6:00 Civil Rights Movement (Ch 95)	3 10:00 Stretch & Strengthen (WC) 11:00 Family Feud (Oak) 11:00 Rosary (Ch 95) 11:15 Wii Bowling (GR) 11:30 Abbott and Costello: The Time of Their Lives (Ch 95) 2:00 4th of July Cookie Decorating (Oak) 2:30 Chair Volleyball (CH) 6:00 Origins of Quebec (Ch 95)	4 Independence Day! 9:00 Seated Functional Fitness (Ch 95) 10:00 Let's Play Uno w/Park Lawn (Oak) 10:30 Activity Planning Meeting (T) 10:30 Walking Club (L) 11:00 Rosary (Ch 95) 11:30 The Story of the Tuskegee Airmen (Ch 95) 2:00 Sing-A-Long w/ Village Chorale (VG) 3:00 Brain Fitness (Art) 6:00 4th of July Fireworks (Ch 95) 7:00 The Chef (T)	5 9:00 Fitness Fridays (WC) 11:00 \$\$ Bingo (Oak) 11:00 Rosary (Ch 95) 11:30 The Lou Gehrig Story (Ch 95) 1:00 Bean Bag Practice (WC) 1:30 Bridgerton Season 1 (T) 2:00 Pickle Ball (CH) 2:30 Exercise Class for Men Only (WC) 6:00 The is the Army: Irving Berlin (Ch 95) 7:00 Scrabble/Game Night (C)	6 9:00 Seated Tai Chai (Ch 95) 9:15 Donuts w/Shannon(Oak) 11:00 Rosary (Ch 95) 11:30 Louis Reard The Designer (Ch 95) 1:00 African Queen (T) 6:00 Modern Marvels: Massive Medieval Castles (Ch 95)
9:0015 Min Disco Work Out (Ch 95) 11:00 Rosary (Ch 95) 11:30 Old Comiskey Park (Ch 95) 2:00 Biography of Dalai Lama (Ch 95) 6:00 The Life of Althea Gibson (Ch 95)	8 9:00 Noodle Workout (WC) 10:00 Catholic Mass (CH) 11:00 Craft Class w/Leslie (Sign Up-16 MAX) (Art) 11:00 Rosary (Ch 95) 11:30 11 Benefits of Chocolate (Ch 95) 12:00 Whoo's Caring Blood Pressure Checks (C) 1:00 Bridge Club (C) 1:00 Ice Cream Trip: Premos (Sign Up) (L) 1:30 Standing Balance (WC) 2:30 Bingo w/Tory (ALMDR) 3:00 Village Chorale (CH) 6:00 History of Hawaii (Ch 95)	9:00 Yoga Strength Work Out (Ch 95) 10:00 Protestant Communion (TMR) 10:00 Centennial Event: Peggy Notebaert (Sign Up) (L) 11:00 Rosary (Ch 95) 11:30 The Ultimate Rollercoasters (Ch95) 12:00 Wolfgang Puck: Beef and Bourbon (Ch 95) 12:30 Ping Pong Practice (GR) 2:00 Floyd Andrews Performance (CH) 3:00 Standing Balance (WC) 6:00 The Liberty Bell (Ch 95)	9:00 Nat King Cole Biography (Ch 95) 10:00 Stretch & Strengthen (WC) 11:00 Rosary (Ch 95) 11:00 Centennial Time Capsule Letters 11-3 (MP) 11:15 Wii Bowling (GR) 11:30 Tom Hank's Documentary (Ch 95) 1:00 Ice Cream Making w/John Siegel (Oak) 2:00 Chef Demo (MDR) 2:30 Bocci Ball (WC) 6:00 The Satchel Paige Story (Ch 95)	9:00 Seated Functional Fitness (Ch 95) 10:30 Walking Club (L) 11:00 Rosary (Ch 95) 11:00 Trip to: Shedd Aquarium (Sign Up (L) 11:30 Yul Brynner Documentary (Ch95) 1:30 Newley Wed Game (Ch 95) 2:00 EZRA (T) 3:00 Brain Fitness (Art) 6:00 Babe Ruth Bio (Ch 95) 7:00 The Sister Act 2 (T)	9:00 Fitness Fridays (WC) 11:00 \$\$ Bingo (Oak) 11:00 Rosary (Ch 95) 11:30 Modern Marvels: High Speed Motorcycles (Ch 95) 11:30 Modern Marvels: High Speed Motorcycles (Ch 95) 1:00 Bean Bag Practice (WC) 1:30 Bridgerton Season 1 (T) 2:00 Axe Throwing (WC) 2:00 The Chosen Interactive Bible Study (T) 2:30 Exercise Class For Men Only (WC) 6:00 Richard Simmons Broadway Sweat (Ch 95) 7:00 Scrabble/Game Night (C)	13 8:45 Yoga w/Susan (WC) 9:00 Seated Tai Chai (CH 95) 11:00 Rosary (Ch 95) 11:30 Windsor Castle (Ch 95) 1:00 The Violin (T) 6:00 100th Anniversary of the Hollywood Sign (Ch 95)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Zumba Gold Fitness (Ch 95) 11:00 Rosary (Ch 95) 2:00 Line Dancing w/Natasha (WC) 2:00 Sharks: Rulers of the Ocean (Ch95) 6:00 The History of Bastille Day (Ch95)	9:00 Noodle Workout (WC) 10:00 Catholic Mass (CH) 11:00 Rosary (Ch 95) 11:30 Rembrandt Day (Ch 95) 12:00 Whoo's Caring Blood Pressure Checks (C) 1:00 Bridge Club (C) 1:00 Centennial Event: Graceland Cemetary (L) (Sign Up) 1:30 Standing Balance (WC) 2:30 Bingo w/ Tory (AL MDR) 3:00 Village Chorale (CH) 6:00 Art of the 20th Century (Ch 95)	16 9:00 Yoga Strength Work Out (Ch 95) 11:00 Rosary (Ch 95) 11:00 Walmart (Sign Up) (L) 11:30 The History of Popcorn (Ch 95) 12:30 Cup Pong Practice (GR) 1:00 Walmart (Sign Up) (L) 2:00 The Big Year (T) 3:00 Standing Balance (WC) 3:30 Happy Hour (Your Floor) 6:00 Michael Flatley Documentary (Ch95) 6:30 Dementia Support Group (CR)	17 7:30 Breakfast on the Patio (Pub Patio) (Sign Up MAX 24) 9:45 Bean Bags w/ Agape Center (CH) 10:00 Stretch & Strengthen (WC) 11:00 Rosary (Ch 95) 11:15 Wii Bowling (GR) 11:30 The History of Disneyland (Ch 95) 1:30 Let's Go Bowling (Sign Up) (L) 2:30 Chair Volleyball (CH) 4:30 Birthday Dinner (Invite Only) (Oak) 6:30 James Cagney Documentary (Ch 95)	18 9:00 Seated Functional Fitness (Ch 95) 10:30 Walking Club (L) 11:00 Rosary (Ch 95) 11:30 Nadia Comaneci Perfect Score! (Ch 95) 12:00 Good Eats: Burrito Jalisco (Sign Up) (L) 12:30 Men's Tailgate (VG) 2:00 Erik Donner Performance (CH) 3:00 Brain Fitness (Art) 6:30 The Great Fire of Rome (Ch 95) 7:00 Bingo Night (MP)	19 9:00 Fitness Fridays (WC) 10:00 Farmer's Market 10am-2pm (VG) 11:00 \$\$ Bingo (Oak) 11:00 Rosary (Ch 95) 1:00 Bean Bag Practice (WC) 1:30 Bridgerton Season 1 (T) 1:30 Pickle Ball (CH) 2:30 Exercise Class for Men Only (WC) 6:30 Florence Foster Jenkins (Ch 95) 7:00 Scrabble/Game Night (C)	9:00 Seated Tai Chai (Ch 95) 11:00 Rosary (Ch 95) 11:30 Modern Marvels: Apollo 11 (Ch 95) 1:00 China Town (T) 6:00Special Olympics Documentary (Ch 95)
9:00 25 Min Exercise (Ch 95) 11:00 Rosary (Ch 95) 11:30 Arnold Palmer Documentary (Ch 95) 6:00 Robin Williams Documentary (Ch 95)	9:00 Noodle Workout (WC) 10:00 Catholic Mass (CH) 11:00 Rosary (Ch 95) 12:00 3rd Floor Lunch w/Shannon (MP) 12:00 Whoo's Caring Blood Pressure Checks © 1:00 Bridge Club © 1:00 Ice Cream Trip: Baskin Robins (Sign Up) (L) 1:30 Standing Balance (WC) 2:00 Craft Class w/ Whoo's Caring (Art) 2:30 Bingo w/ Tory (AL MDR) 3:00 Village Chorale (CH) 6:00 Alex Trebek Documentary (Ch 95)	9:00 Yoga Strength Work Out (Ch 95) 11:00 Jewel (Sign Up) (L) 11:00 Loving Vincent (T) 11:00 Rosary (Ch 95) 11:30 The Creator of the 1st American Car (Ch 95) 12:30 Ping Pong Practice (GR) 1:00 Jewel (Sign Up) (L) 2:00 Jim Civik Presents: FDR and Churchill (T) 3:00 Standing Balance (WC) 7:00 Moder Marvels: How Ice Cream is Made (Ch 95) 7:00 Story Hour (T)	24 10:00 Stretch & Strengthen WC) 11:00 Rosary (Ch 95) 11:00 TED Talk: Where Joy Hides (T) 11:15 Wii Bowling (GR) 11:30 Self Care: 10 Ways to Build Boundaries (Ch 95) 12:00 Health Presentation by Kyla (Oak) 2:00 American Idol (Sign Up) (CH) 2:30 Bocci Ball (WC) 6:30 TED: The Missing Ingredient in Self Care (Ch 95)	9:00 Seated Functional Fitness (Ch 95) 10:30 Drury Lane: Miss Ms. Behaving (Sign Up) (L) 10:30 Walking Club (L) 11:00 Book Club (Oak) 11:00 Rosary (Ch 95) 11:30 Benito Mussolini (Ch 95) 3:00 Brain Fitness w/ Wine and Cheese (Art) 6:30 Walter Payton A Football Life (Ch 95) 7:00 Hit Man (T)	9:00 Fitness Fridays (WC) 11:00 \$\$ Bingo (Oak) 11:00 Rosary (Ch 95) 1:00 Bean Bag Practice (WC) 1:30 Bridgerton Season 1 (T) 2:00 Axe Throwing (WC) 2:00 The Chosen Interactive Bible Study (T) 2:30 Exercise Class for Men Only (WC) 7:00 Scrabble/Game Night (C)	27 8:45 Yoga w/Susan (WC) 9:00 Seated Tai Chai (CH 95) 10:45 71st Korean War Commence (Kennedy Park) 11:00 Rosary (Ch 95) 1:00 A New Leaf (T) 6:00 Apollo 15 (Ch 95)
9:00 Chair Aerobics (Ch 95) 10:00 Community Bingo (CH) 11:00 Rosary (Ch 95) 2:00 Line Dancing w/Natasha (WC) 6:00 The Best of Looney Tunes (Ch95)	9:00 Noodle Workout (WC) 10:00 Catholic Mass (CH) 11:00 Rosary (Ch 95) 12:00 Olympics: Opening Ceremony (CH) 12:00 Whoo's Caring Blood Pressure Checks © 1:00 Bridge Club © 1:00 Ice Cream Trip: Dairy Queen (Sign Up) (L) 1:30 Standing Balance (WC) 2:00 Olympic Game: Cup Pong (CH) 2:30 Bingo w/ Tory (AL MDR) 3:00 Village Chorale (CH)	9:00 Yoga Strength Work Out (Ch 95) 10:00 Music at Grant Park (Sign Up) (L) 11:00 Olympic Game: Bocci Ball (VG) 11:00 Rosary (Ch 95) 2:00 Olympic Game: Trivia (CH) 3:00 Standing Balance (WC) 6:00 Lyndon B. Johnson (Ch 95)	11:15 Wii Bowling (GR) 1:00 Seltzer Tasting (Oak)			