



March 2025

Assisted Living Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Happy Birthday 3/11 Gerri Bisch 3/17 Pat Kirchman 3/18 Dan O'Neill 3/28 Eileen Larson		9:30 Exercise 10:00 Coffee & Conversation 10:30 Trivia 1:30 Table Games 3:00 Movie Matinee
9:30 Catholic Mass (Ch 7) 10:00 Coffee & Conversation (MP) 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Rest & Relaxation	9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/ Melissa 2:00 Bingo 3:30 Massage Therapy with Erin	Mardi Gras 9:30 Rosary 10:00 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:00 Mardi Gras Celebration (CH/Oak) 3:00 Trivia	Ash Wednesday 9:30 Rosary 10:00 Ash Wednesday Service (CH) 11:00 Activity Planning 11:15 Fitness Fun 1:30 1:1 Visits 1:45 Chair Volleyball 3:00 Music and Relaxation	9:30 Good Morning Program 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:00 Marty Kelly & Friends Performance (CH)	9:00 Music With Melissa 9:45 Rosary 10:15 Chair Yoga 10:30 Morning Trivia 1:30 Music & Sing Along 2:30 Residents Choice 3:30 Dice Clock Game	9:30 Exercise 10:00 Coffee & Conversation 10:30 Trivia 2:00 Chicago Irish Singers (CH)
Daylight Savings Time Begins 9:30 Catholic Mass (Ch 7) 10:00 Rosary 10:30 Fitness Fun 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Rest & Relaxation	9:15 Good Morning Program 10:00 Catholic Mass (CH) 11:00 Morning Stretch 1:00 Music w/Melissa 2:00 Bingo 3:00 Snack & Chat	9:30 Rosary 10:00 Protestant Communion 10:00 Manicures & Music 1:30 1:1 Visits 2:15 Craft 3:00 Trivia	9:30 Rosary 10:00 Fitness Fun 10:45 Word Games 1:30 1:1 Visits 2:00 Active Game 3:00 Music and Relaxation	9:30 Good Morning Program 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:15 Travel the World 3:30 Jeopardy	9:00 Music With Melissa 9:45 Rosary 10:15 Chair Yoga 10:15 Morning Trivia 2:00 St. Patrick's Day Pub Crawl w/ music by Joe McShane (MP, Oak, MDR)	9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 2:00 Beverly All Stars Performance (CH)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Southside Irish Parade 16 9:30 Catholic Mass (Ch 7) 10:00 Coffee & Conversation (MP) 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snack 4:00 Rest & Relaxation	St. Patrick's Day 17 9:15 Good Morning Program 10:00 Catholic Mass (CH) 11:00 Morning Stretch 1:00 Music w/ Melissa 2:00 Shamrock Shakes	9:30 Rosary 10:00 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Table Games 3:00 Trivia	9:30 Rosary 10:00 Fitness Fun 10:45 Word Games 1:30 1:1 Visits 1:30 Chair Volleyball (CH) 3:00 Music & Relaxation	First Day of Spring 20 9:30 Good Morning 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:15 Celebrity Biography 7:00 Bingo Night	9:00 Music With Melissa 9:45 Rosary 10:15 Chair Yoga 10:30 Morning Trivia 1:30 Music & Sing Along 2:30 Resident Choice 3:30 Card Club	9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Table Games 3:00 Movie Matinee
9:30 Catholic Mass (Ch 7) 10:00 Community Bingo (CH) 2:00 Movie Matinee w/ Healthy Snacks (TR) 4:00 Rest & Relaxation	9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 2:00 Bingo 300 Snack and Chat	9:30 Rosary 10:00 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:00 Topsy Tuesday (Oak) 3:00 Trivia	9:30 Rosary 10:00 Fitness Fun 10:45 Word Games 1:30 1:1 Visits 2:30 Birthday Party w/ Dante Salamante (ALMDR)	9:30 Good Morning 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:00 Underground Railroad in Beverly & Morgan Park (CH)	9:45 Rosary 10:15 Chair Yoga 10:30 Morning Trivia 1:30 Music & Sing Along 2:30 Resident Choice 3:30 Dice Clock Game	9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Table Games 3:00 Movie Matinee
9:30 Catholic Mass (Ch 7) 10:00 Rosary (TR) 10:00 Coffee & Conversation (MP) 10:30 Fitness Fun (TR) 11:00 Word Games (TR) 2:00 Movie Matinee W/ Healthy Snack 4:00 Rest and Relaxation	9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music & Melissa 2:00 Sundaes on Monday 2:30 Bingo					