



February 2024

Oakhaven Assisted Living Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Happy Birthday 2/ 26 Alvin Williams	9:30 Bingo (TR) 11:00 Rosary 1:00 1:1 Pods 1:30 Journey to Fitness 2:15 Travel the World: Paris 3:30 Jeopardy (CH7)	9:30 Rosary (TR) 10:00 Sit & Be Fit (TR) 10:30 Morning Trivia 1:30 Active Game Time! (TR) 2:30 Refreshments & Daily Chronicles 3:30 Jeopardy (CH7)	9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 3:00 Movie Matinee
9:30 Catholic Mass (Ch 7) 10:00 Rosary (TR) 10:30 Fitness Fun (TR) 11:00 Word Games (TR) 2:00 Movie Matinee w/ Refreshments (TR)	10:00 Catholic Mass (CH) 10:45 Morning Stretch (TR) 11:10 Game Time w/ Marist Students 12-1 Spread the Love (MP) 1:00 Music w/Melissa 2:00 Bingo (TR) 3:00 Snack and Chat (TR)	9:30 Rosary (TR) 9:30 Manicures & Music (TR) 11:00 Game Time w/ Marist Students 12-1 Spread the Love (MP) 1:30 1:1 Visits 1:30 Fitness Fun w/Quinn 2:15 Table Games 3:00 Trivia	9:15 Activity Planning 9:30 Rosary (TR) 10:00 Fitness Fun! (TR) 10:45 Word Games 12-1 Spread the Love (MP) 1:30 1:1 Visits 1:45 Chair Volleyball (CH) 2:00 Men's Movie: Top Gun (T) 3:30 Jeopardy (Ch. 7)	9:30 Bingo (TR) 11:00 Rosary 12-1 Spread the Love (MP) 1:00 1:1 Pods 1:30 Journey to Fitness 2:15 Celebrity Biography 3:00 Snack & Chat 3:15 Jeopardy (Ch. 7)	9:00 Music With Melissa 9:30 Rosary (TR) 10:00 Sit & Be Fit (TR) 10-1 Spread the Love Fundraiser & Bake Sale (MP) 10:30 Morning Trivia 1:30 Active Game Time! (TR) 2:30 Refreshments & Daily Chronicles 3:30 Jeopardy (CH7)	9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Table Games 3:00 Movie Matinee
9:30 Catholic Mass (Ch 7) 10:00 Rosary (TR) 10:30 Fitness Fun (TR) 11:00 Word Games (TR) 2:00 Movie Matinee w/ Refreshments (TR)	10:00 Catholic Mass (CH) 10:30 Valentines for Vets (MDR) 10:45 Morning Stretch (TR) 11:10 Game Time w/ Marist Students 1:00 Music w/Melissa 2:00 Bingo 3:00 Snack and Chat (TR)	Mardi Gras 9:30 Rosary (TR) 9:30 Manicures & Music (TR) 10:00 Protestant Communion 11:00 Game Time w/ Marist Students 1:30 1:1 Visits 1:30 Fitness Fun w/Quinn 2:00 Mardi Gras Party (CH & Oak) 2:15 Table Games	Ash Wednesday Valentine's Day 9:30 Rosary (TR) 10:00 Fitness Fun! (TR) 10:45 Word Games 11:00 Ash Wednesday Service (CH) 1:30 1:1 Visits 3:00 Music and Relaxation	9:30 Bingo (TR) 11:00 Rosary 1:00 1:1 Pods 1:30 Journey to Fitness 2:00 Galentine's Day: Barbie Movie (T) 3:30 Jeopardy (CH7) 7:00 Bingo Night (MP)	9:00 Music With Melissa 9:30 Rosary (TR) 10:00 Sit & Be Fit (TR) 10:30 Morning Trivia 1:30 Active Game Time! (TR) 2:30 Refreshments & Daily Chronicles 3:30 Jeopardy (CH7)	9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 2:00 Sing A Long 3:00 Movie Matinee



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23	24
9:30 Catholic Mass (Ch 7) 10:00 Rosary (TR) 10:30 Fitness Fun (TR) 11:00 Word Games (TR) 2:00 Movie Matinee w/ Refreshments (TR)	10:00 Catholic Mass (CH) 10:45 Morning Stretch (TR) 11:10 Game Time w/ Marist Students 1:00 Music w/Melissa 2:00 Bingo (TR) 3:00 Snack and Chat (TR)	9:30 Rosary (TR) 9:30 Manicures & Music (TR) 11:00 Game Time w/ Marist Students 1:30 1:1 Visits 1:30 Fitness Fun w/Quinn 2:00 Black History Month w/ Tim Wisley (CH) 3:00 Trivia	9:30 Rosary (TR) 10:00 Fitness Fun! (TR) 10:45 Word Games 1:30 1:1 Visits 1:45 Chair Volleyball 3:00 Music and Relaxation	9:30 Bingo (TR) 1:00 1:1 Pods 1:30 Journey to Fitness 2:15 Let's Make Bird Feeders 3:30 Jeopardy (CH7)	9:00 Music With Melissa 9:30 Rosary (TR) 10:00 Sit & Be Fit (TR) 10:30 Morning Trivia 1:30 Active Game Time! (TR) 2:30 Refreshments & Daily Chronicles 3:30 Jeopardy (CH7)	9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Table Games 3:00 Movie Matinee
25	26	27	28	29		
9:30 Catholic Mass (Ch 7) 10:00 Rosary 10:00 Community Bingo (CH) 10:30 Fitness Fun 11:00 Word Games 2:00 Movie Matinee w/ Refreshments	10:00 Catholic Mass (CH) 10:45 Morning Stretch (TR) 11:10 Game Time w/ Marist Students 1:00 Music w/Melissa 2:00 Bingo (TR) 3:00 Snack and Chat (TR)	9:30 Rosary (TR) 9:30 Manicures & Music (TR) 11:00 Game Time w/ Marist Students 1:30 1:1 Visits 1:30 Fitness Fun w/Quinn 2:00 Topsy Tuesday (OR) 3:00 Trivia	9:30 Rosary (TR) 10:00 Fitness Fun! (TR) 10:45 Word Games 1:30 1:1 Visits 2:30 Birthday Party with ent. by Frank Lee (AL MDR) 3:00 Music and Relaxation	9:30 Bingo (TR) 1:00 1:1 Pods 1:30 Journey to Fitness 2:15 Let's Make Bird Feeders 3:30 Jeopardy (CH7)	KEY CH=Community Hall MDR= Dining Room MP= Marketplace OR= Oak Room P= Parlor SA=Sitting Area TMR= Thomas Miller Room TR= Touhy Room	