



# May 2026

## Assisted Living Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Happy Birthday 5/04 Marian Ambrose Parker 5/29 Edie Iversen 5/31 Ann Ward		<i>Activities subject to change</i>	1 9:00 Music With Melissa 9:30 Rosary 10:00 Chair Yoga 10:30 Rehydrate & Refresh 11:00 Music & Relaxation 1:30 Sing Along 2:30 Sweet Treats on Fridays 3:30 Montessori Hour	2 9:30 Rosary 10:00 Exercise 2:00 Table Games 3:00 Movie Matinee
3 9:30 Catholic Mass (Ch 7) 10:00 Coffee & Convo(MP) 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Rest & Relaxation	4 9:15 Good Morning 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/ Melissa 2:00 Bingo 3:00 Snack & Chat	5 9:30 Rosary 10:00 Brain Fitness 10:00 Manicures 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Table Games 3:00 Trivia	6 9:30 Rosary 10:00 Morning Stretch 10:30 Rest & Rehydrate 11:00 Brain Fitness 1:30 1:1 visits 1:45 Chair Volleyball (CH) 3:00 Music & Relaxation	7 9:30 Good Morning 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:15 Celebrity Bio 3:30 Jeopardy	8 9:00 Music With Melissa 9:30 Rosary 10:00 Chair Yoga 10:30 Rehydrate & Refresh 11:00 Music & Relaxation 3:30 Montessori Hour	9 9:30 Rosary 10:00 Exercise 10:30 Trivia 2:00 Table Games 2:00 3:00 Movie Matinee
<b>10 Mother's Day</b> 9:30 Catholic Mass (Ch 7) 10:00 Exercise 10:45 Word Games 2:00 Movie Matinee & Snack 4:00 Rest & Relaxation	11 9:15 Good Morning Program 10:00 Catholic Mass (CH) 11:00 Morning Stretch 1:00 Music w/ Melissa 2:00 Bingo 3:00 Snack & Chat	12 9:30 Rosary 10:00 Protestant Communion (TMR) 10:00 Brain Fitness 10:00 Manicures 1:30 1:1 Visits 2:15 Table Games 3:00 Trivia	13 9:30 Rosary 10:00 Morning Stretch 10:30 Rest & Rehydrate 11:00 Brain Fitness 1:30 1:1 Visits 2:00 Charades 3:00 Music and Relaxation 6:30 Traditional Spanish Dancing w/ Necalli Cultural Movement (CH)	14 9:30 Good Morning Program 10:00 Bingo w/ Park Lawn 11:00 Rosary 1:30 Journey to Fitness 2:15 Celebrity Biography 3:30 Baking 7:00 Bingo Night (MP)	15 9:00 Music With Melissa 9:30 Rosary 10:00 Chair Yoga 11:00 Music & Relaxation 1:30 Sing Along 2:30 Sweet Treats on Friday 3:30 Montessori Hour	16 9:30 Rosary 10:00 Exercise 10:00 10:30 Trivia 2:00 Entertainment by the Starlighters (CH) 3:00 Movie Matinee



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17 9:30 Catholic Mass (Ch 7) 10:00 Coffee & Convo(MP) 11:00 Word Games 2:00 Movie Matinee & Snack 4:00 Rest & Relaxation	18 9:15 Good Morning Program 10:00 Catholic Mass (CH) 11:00 Morning Stretch 1:00 Music w/ Melissa 2:00 Bingo 3:00 Snack & Chat	19 9:30 Rosary 10:00 Manicures 10:00 Brain Fitness 1:30 Fitness Fun 2:15 Table Games 3:00 Trivia	20 9:30 Rosary 10:00 Morning Stretch 10:30 Rest & Rehydrate 11:00 Brain Fitness 1:30 1:1 Visits 1:45 Chair Volleyball 3:00 Music & Relaxation	21 9:30 Good Morning 9:45 Daily Chronicles 10:00-12:00 Hem & Stitch (Oak) 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:00 Performance by IPO	22 9:00 Music With Melissa 9:30 Rosary 10:00 Chair Yoga 10:30 Rehydrate & Refresh 11:00 Music & Relaxation 1:30 Sing Along 2:30 Sweet Treats on Friday 3:30 Montessori Hour	23 9:30 Rosary 10:00 Exercise 10:00 Refresh & Rehydrate 10:30 Trivia 3:00 Movie Matinee
24 9:30 Catholic Mass (Ch 7) 10:00 Coffee & Convo(MP) 2:00 Movie Matinee & Snack 4:00 Rest & Relaxation	<b>25 Memorial Day</b> 9:15 Good Morning Program 10:00 Catholic Mass (CH) 11:00 Morning Stretch 1:00 Music w/ Melissa 2:00 Mollies War Presentation (CH) 3:00 Snack & Chat	26 9:30 Rosary 10:00 Manicures 10:00 Brain Fitness 1:30 Fitness Fun 2:00 Topsy Tuesday 3:00 Trivia	27 9:30 Rosary 10:00 Morning Stretch 10:30 Rest & Rehydrate 11:00 Brain Fitness 1:30 1:1 Visits 2:30 Birthday Party w/ Frank Lee (ALMDR) 3:00 Music & Relaxation	28 9:30 Good Morning 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:15 Celebrity Bio 3:30 Jeopardy	29 9:30 Rosary 10:00 Chair Yoga 10:30 Rehydrate & Refresh 11:00 Music & Relaxation 1:30 Sing Along 2:30 Sweet Treats on Friday 3:30 Montessori Hour	30 9:00 Music With Melissa 9:30 Rosary 10:00 Chair Yoga 10:30 Rehydrate & Refresh 11:00 Music & Relaxation 1:30 Sing Along 2:30 Sweet Treats on Friday 3:30 Montessori Hour
31 9:30 Catholic Mass (Ch 7) 10:00 Community Bingo 2:00 Movie Matinee & Snack 4:00 Rest and Relaxation						