



August 2024

Oakhaven Assisted Living Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY CH=Community Hall MDR= Dining Room MP= Marketplace OR= Oak Room P= Parlor SA=Sitting Area TMR= Thomas Miller Room				1 9:15 Good Morning 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:00 1:1 Pods 1:30 Journey to Fitness 2:15 Let's Make Centerpieces	2 9:00 Music w/ Melissa 9:30 Rosary 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Active Game Time 2:30 Refreshments & Daily Chronicles 3:30 Jeopardy (Ch 7)	3 9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Dice Game 3:00 Movie Matinee
4 9:30 Catholic Mass (Ch 7) 10:00 Coffee & Conversation (MP) 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music & Meditation	5 9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/ Melissa 2:00 Bingo 3:00 Snack and Inspirational Stories	6 9:30 Rosary 10:00 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Table Games 3:00 Trivia	7 9:30 Rosary 10:00 Fitness Fun 10:45 Word Games 11:00 Activity Planning 1:30 1:1 Visits 2:00 Thomas & Friends Performance (CH) 3:00 Music & Relaxation 3:30 Massage Therapy w/ Eddie	8 9:15 Good Morning Program 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:15 Celebrity Biography 3:30 Jeopardy (Ch 7)	9 9:00 Music w/ Melissa 9:30 Rosary 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Active Game Time 2:30 Refreshments & Daily Chronicles 3:30 Jeopardy (Ch 7)	10 9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Table Games 3:00 Movie Matinee
11 9:30 Catholic Mass (Ch 7) 10:00 Rosary 10:30 Fitness Fun 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music & Mediation	12 9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/ Melissa 2:00 Bingo 3:00 Snack and Inspirational Stories	13 9:30 Rosary 10:00 Manicures & Music 10:00 Protestant Communion (TMR) 1:1 Visits 1:30 Fitness Fun 2:15 Dice Game 3:00 Trivia	14 9:30 Rosary 10:00 Fitness Fun 10:45 Word Games 1:30 1:1 Visits 1:45 Chair Volleyball (CH) 3:00 Music and Relaxation	15 9:15 Good Morning Program 9:45 Daily Chronicles 10:30 Pet Parade (VG) 11:00 Rosary 1:00 1:1 Pods 1:30 Journey to Fitness 2:00 Performance by A La Carte (CH) 7:00 Bingo Night (MP)	16 9:30 Rosary 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Active Game Time 2:30 Refreshments & Daily Chronicles 3:30 Jeopardy (Ch 7)	17 9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Card Games 3:00 Movie Matinee



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23	24
9:30 Catholic Mass (Ch 7) 10:00 Coffee & Conversation (MP) 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music & Meditation	9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/Melissa 2:00 Bingo 3:00 Snack and Inspirational Stories	9:30 Rosary 10:00 Manicures & Music 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Table Games 3:00 Trivia	9:30 Rosary 10:00 Fitness Fun 10:45 Word Games 1:30 1:1 Visits 2:00 Smoothies w/ Dietician Maureen (Oak) 3:00 Music & Relaxation	9:30 Good Morning 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:00 1:1 Pods 1:30 Journey to Fitness 2:00 Performance by Dan Lyons (CH)	9:00 Music w/ Melissa 9:30 Rosary 10:00 Sit & Be Fit 10:30 Morning Trivia 2:00 Performance by Joyce Walker (TR) 3:30 Jeopardy (Ch 7)	9:30 Exercise 10:00 Coffee and Conversation 10:30 Trivia 1:30 Dice Game 3:00 Movie Matinee
25	26	27	28	29	30	31
9:30 Catholic Mass (Ch 7) 10:00 Community Bingo (CH) 11:00 Word Games 2:00 Movie Matinee w/ Healthy Snacks 4:00 Music & Meditation	9:15 Good Morning Program 10:00 Catholic Mass (CH) 10:45 Morning Stretch 1:00 Music w/Melissa 2:00 Bingo 3:00 Snack and Inspirational Stories	9:30 Rosary 9:30 Manicures & Music 1:30 1:1 Visits 2:00 Topsy Tuesday (Oak)	9:30 Rosary 10:00 Fitness Fun 10:45 Word Games 1:30 1:1 Visits 1:30 Chair Volleyball (CH) 2:30 Birthday Party w/ Jimmy John Lennon (MDR) 3:00 Music & Relaxation	9:30 Good Morning 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:00 1:1 Pods 1:30 Journey to Fitness 2:15 Travel the World 3:30 Jeopardy (Ch 7)	9:00 Music w/ Melissa 9:30 Rosary 10:00 Sit & Be Fit 10:30 Morning Trivia 1:30 Active Game 2:30 Refreshments & Daily Chronicles 3:30 Jeopardy (Ch 7)	9:00 Fall Craft 9:30 Exercise 10:00 Coffee & Conversation 10:30 Trivia 3:00 Movie Matinee