



September 2026

Assisted Living Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities subject to change KEY 2nd FL= 2nd Floor Rec Room 3rd FL= 3rd Floor Rec Room CH=Community Hall Ch 95= Channel 95 on TV MDR= Dining Room MP= Marketplace Oak= Oak Room P= Parlor TMR= Thomas Miller Room	Happy Birthday 9/15 Kay Brennan 9/16 Anna-Marie Brodsky 9/22 Judith Bailey	1 9:30 Rosary 10:00 Brain Fitness 10:00 Manicures 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Table Games 3:00 Trivia	2 9:30 Rosary 10:00 Morning Stretch 10:30 Rest & Rehydrate 11:00 Brain Fitness 1:30 1:1 Visits 1:45 Chair Volleyball (CH) 3:00 Music and Relaxation	3 9:30 Good Morning 9:45 Daily Chronicles 10:15 BIngo w/ Marquette Bank (CH) 11:00 Rosary 1:30 Journey to Fitness 2:15 Celebrity Bio 3:30 Jeopardy	4 9:00 Music With Melissa 9:30 Rosary 10:00 Chair Yoga 10:30 Rehydrate & Refresh 11:00 Music & Relaxation 1:30 Sing Along 2:00 Sweet Treats on Friday	5 9:30 Rosary 10:00 Exercise 10:30 Trivia 2:00 Card Game 3:00 Movie Matinee
6 10:00 Catholic Mass (CH) 11:00 Word Games 2:00 Movie Matinee w/Healthy Snacks 4:00 Rest & Relaxation	7 Labor Day 9:15 Good Morning 10:00 Catholic Mass (CH) 10:45Dancing Through the '60s 1:00 Music w/ Melissa 2:00 Bingo 3:00 Labor Day Celebration	8 9:30 Rosary 10:00 Brain Fitness 10:00 Manicures 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Trivia 3:00 Table Game	9 9:30 Rosary 10:00 Morning Stretch 10:30 Rest & Rehydrate 11:00 Brain Fitness 1:30 1:1 Visits 1:45 Chair Volleyball (CH) 3:00 Music and Relaxation	10 9:30 Good Morning 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:00 Entertainment by Andre Colbert (CH) 3:30 Jeopardy	11 9:00 Music With Melissa 9:30 Rosary 10:00 Chair Yoga 10:30 Rehydrate & Refresh 11:00 Music & Relaxation 1:30 Sing Along 2:00 Sweet Treats on Friday	12 9:30 Rosary 10:00 Exercise 10:30 Trivia 2:00 Entertainment by Beverly All Stars (CH)
13 Grandparents Day 10:00 Catholic Mass (CH) 10:30 Grandparents Day Celebration w/ music by the Grace Notes (MP/VG) 2:00 Movie Matinee & Snack 4:00 Rest & Relaxation	14 9:15 Good Morning Program 10:00 Catholic Mass (CH) 11:00 Chair Exercise 1:00 Music w/ Melissa 2:00 Bingo 3:00 Apples & Autumn Party 3:30 Massage Therapy	15 9:30 Rosary 10:00 Brain Fitness 10:00 Manicures 1:30 1:1 Visits 1:30 Fitness Fun 2:15 Wheel of Fortune	16 9:30 Rosary 10:00 Morning Stretch 10:30 Rest & Rehydrate 11:00 Brain Fitness 1:30 1:1 Visits 1:45 Balloon Volleyball 3:00 Music and Relaxation	17 9:30 Good Morning Program 10:00 Bingo w/ Park Lawn 11:00 Rosary 1:30 Journey to Fitness 2:00 Centenarian Celebration w/ Songs of the Swing Era (CH)	18 9:00 Music With Melissa 9:30 Rosary 10:00 Chair Yoga 10:30 Rehydrate & Refresh 11:00 Music & Relaxation 1:30 Sing Along 2:00 Sweet Treats on Friday	19 9:30 Rosary 10:00 Exercise 10:30 Trivia 2:00 Table Games 3:00 Movie Matinee



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20 10:00 Catholic Mass (CH) 11:00 Word Games 2:00 Movie Matinee & Snack 4:00 Rest & Relaxation	21 9:15 Good Morning Program 10:00 Catholic Mass (CH) 11:00 Movin' & Groovin' 1:00 Music w/ Melissa 2:00 Bingo 3:00 End of Summer Snacks & Songs	22 First Day of Fall 9:30 Rosary 10:00 Manicures 10:00 Brain Fitness 1:30 Fitness Fun 2:15 Fall Trivia	23 9:30 Rosary 10:00 Morning Stretch 10:30 Rest & Rehydrate 11:00 Brain Fitness 1:30 1:1 Visits 2:00 Active Game 6:30 Oktoberfest w/ Alpine Thunder (CH)	24 9:30 Good Morning 9:45 Daily Chronicles 10:00 Bingo 11:00 Rosary 1:30 Journey to Fitness 2:15 Celebrity Bio 3:30 Jeopardy	25 9:00 Music With Melissa 9:30 Rosary 10:00 Chair Yoga 10:30 Rehydrate & Refresh 11:00 Music & Relaxation 1:30 Sing Along 2:00 Sweet Treats on Friday	26 9:30 Rosary 10:00 Memorial Service (CH) 10:00 Exercise 10:00 Refresh & Rehydrate 10:30 Trivia 2:00 Table Games 3:00 Movie Matinee
27 10:00 Catholic Mass (CH) 11:00 Word Games 2:00 Community Bingo (CH) 4:00 Rest & Relaxation	28 9:15 Good Morning Program 10:00 Catholic Mass (CH) 11:00 Movin' & Groovin' 1:00 Music w/ Melissa 2:00 Bingo 3:00 Strawberry Pie Snacks & Songs	29 9:30 Rosary 10:00 Manicures 10:00 Brain Fitness 1:30 Fitness Fun 2:00 Topsy Tuesday	30 9:30 Rosary 10:00 Morning Stretch 10:30 Rest & Rehydrate 11:00 Brain Fitness 1:30 1:1 Visits 2:30 Birthday Party w/ Mike Iwema (ALMDR)	Hem & Stitch Every Thursday 9:00-10:00 in the Oak Room Volunteer seamstress Carolyn can take 1-2 items to be hemmed/stitched. Please let LE staff know if you have an item that needs to be repaired. *There is a 1 week turnaround time		