

January 2025

Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Marquette Bank Tuesdays from 10:30am-12:00pm in the Card Room	Village Store Hours Monday, Tuesday, Thursday 11:00am-3:00pm Wednesday, Friday 11:00am-2:00pm	St. Xavier Nurse Practitioner, Karen Nichols Mondays from 11:00am-2:00pm in the Card Room Call 773-298-3712 to schedule an appointment	*PLEASE READ* Please sign up for trips no later than 72 hours in advance. If you sign up, and end up not coming, you are responsible for the cost of your ticket or finding someone to take your place. If you want to go on a trip, please sign up at the front desk.	Miracle Ear Dr. Corbett, Audiologist Please call the Assisted	Art = 2nd Fl. Arts and Crafts C = 1st Fl. Card Room CH = 1st Fl. Community Hall CR = 1st Fl. Club Room GR = 3rd Fl. Game Room L = Lobby MDR = Main Dining Room MP = Market Place Oak= Oak Room P= Patio T= Movie Theater on 4th Fl. TMR= Thomas Miller Room WC= Wellness Center Ch 95- on your TV in your apt.	*= Call the desk at 7302 to reserve your spot! Phone Numbers: 5430 Dining Reservations 7332 To Go Orders 5560 Salon 7649 Concierge-Shannon 7302 Security after 8pm
Happy Birthday! Fran Blake 01/01 Mary Sojka 01/01 Mike Frye 01/02 Donna Pochie 01/03 Marie Mahoney 01/04 Penny Lord 01/05 Theresa Boone 01/08	Happy Birthday! Dorothy Bergman 01/11 Gary Goodridge 01/15 Mary Kane 01/16 Dorothy Smith 01/16 Joan Nolan 01/21		1 Happy New Year 2025 10:00 Stretch & Strengthen (WC) 10:00 Whoo's Caring Blood Pressure Checks (C) 11:00 New Year's Resolutions (Oak) 11:00 Rosary (Ch 95) 11:15 Wii Bowling (GR) 11:30 Greatest Moments in College Football (Ch 95) 2:30 Bocci Ball (WC) 6:30 Betsy Ross and Making of America (Ch 95)	2 9:00 Seated Functional Fitness (Ch 95) 10:00 Create Your Own Snowman w/Park Lawn (Oak) 10:30 Power Walk w/David (AL Lobby) 11:00 Activity Planning Meeting (T) 11:00 Rosary (Ch 95) 11:30 Monarch Butterfly Migration: A Mystery (Ch 95) 12:00 Good Eats Trip: Jedi's (Sign Up) (L) 2:30 Men's Strength & Power w/ David (WC) 3:30 Standing Balance (WC) 7:00 Deception (T)	3 9:00 Fitness Fridays (WC) 10:00 \$\$ Bingo (Oak) 11:00 Rosary (Ch 95) 11:30 The Best Collection of Victor Borge (Ch 95) 1:00 SV Sports Club: Bean Bag Practice (WC) 2:30 Chair Volleyball (CH) 6:30 George Steinbrenner Documentary (Ch 95) 7:00 Scrabble/Game Night (C)	9:00 Seated Tai Chai (CH 95) 9:15 Donuts w/Shannon (Oak) 11:00 Rosary (Ch 95) 11:30 Sir Issac Newton (Ch 95) 1:00 TV Show: Presumed Innocence (T) 2:30 Louis Braille Documentary (Ch 95) 6:30 Importance of What We Eat: Health & Wellness (Ch 95)
5 Golden Globes Tonight 9:00 Chair Aerobics (Ch 95) 11:00 Rosary (Ch 95) 11:30 Best of the Golden Globes (Ch 95) 1:00 King in the Wilderness (T) 4:30 Karaoke Party& Golden Globes Watch Party (Oak) 6:00 Christmas Tree Take Down w/HS Leaders (L) 6:30 Bozo the Clown (Ch 95)	6 9:00 Noodle Workout (WC) 10:00 Catholic Mass (CH) 11:00 Meet/Greet w/ SXU Nurse Karen (Oak) 11:00 Rosary (Ch 95) 11:30 Remarkable Life Story of Maria Montessori (Ch 95) 1:00 Bridge Club (C) 2:00 New Axe Throwing (WC) 2:30 Bingo w/ Tory (AL MDR) 6:30 The Story of Joan of Arc (Ch 95) 7:00 Thelma (T)	7 Shannon Off 9:00 Yoga Strength Work Out (Ch 95) 11:00 Jim Civic: Throwback to 1925 (T) 11:00 Rosary (Ch 95) 11:00 Walgreens (L) (Sign Up) 11:30 The Great Romances: Burns &Allen (Ch 95) 12:00 SV Sports Club: Cup Pong Practice (GR) 12:30 Woman of the Hour (T) 1:00 Walgreens (L) (Sign Up) 3:00 Standing Balance (WC) 6:30 Harlem Globetrotters (Ch95)	8 Shannon Off 10:00 Stretch & Strengthen (WC) 10:00 Whoo's Caring Blood Pressure Checks (C) 11:00 FIRE Sale of Artwork at SV 11a-3p (CH) 11:00 Rosary (Ch 95) 11:00 Why City Flag Designs May Have Bad Designs? (T) 11:15 Wii Bowling (GR) 11:30 Happy Birthday Elvis (Ch 95) 12:30 Crochet Club w/ Lisa (Art) 1:00 Power Movements w/ David (Oak) 2:00 Chef Demo (MDR) 2:30 Bocci Ball (WC) 2:30 Craft w/ Whoo's Caring (Art) 6:30 Stephen Hawking Bio (Ch 95)	9 Shannon Off 9:00 Seated Functional Fitness (Ch 95) 10:00 Food Committee (MDR) 10:30 Power Walk w/David (AL Lobby) 11:00 Rosary (Ch 95) 11:30 The Princess of Wales (Kate Middleton) (Ch 95) 12:00 Good Eats Trip: Sanders BBQ (Sign Up) (L) 2:30 Men's Strength & Power w/ David (WC) 3:30 Standing Balance (WC) 6:30 The Orange Bowl (Ch 95) 7:00 A Beautifull Mind (T)	10 Shannon Off 9:00 Fitness Fridays (WC) 10:00 \$\$ Bingo (Oak) 11:00 Rosary (Ch 95) 11:30 How the Beatles Changed the World (Ch 95) 1:00 SV Sports Club: Bean Bag Practice (WC) 2:30 Chair Volleyball (CH) 6:30 George Foreman (Ch 95) 7:00 Scrabble/Game Night (C)	11 8:45 Yoga w/Susan (WC) 9:00 Seated Tai Chai (CH 95) 11:00 Rosary (Ch 95) 1:00 TV Show: Presumed Innocence (T) 2:30 Modern Marvels: How Tobacco is Made (Ch 95) 6:30 The Grand Canyon (Ch 95)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Chair Aerobics (Ch 95) 11:00 Rosary (Ch 95) 11:30 The Marvel Universe (Ch 95) 2:00 Line Dancing w/Natasha (WC) 6:30 Modern Marvels: Cheese's Glorious History (Ch 95)	13 Shannon Off 9:00 Noodle Workout (WC) 10:00 Catholic Mass (CH) 11:00 Rosary (Ch 95) 11:30 Johnny Cash's America (Ch 95) 12:00 Mary Kay Cosmetics (MP) 12:00 SV Sports Club: Ping Pong Practice (GR) Club (C) 2:00 New Axe Throwing (WC) 2:30 Bingo w/ Tory (AL MDR) 6:30 Alexander Graham Bell (Ch 95) 7:00 Curious Case of Benjamin Button (T)	14 Shannon Off 9:00 Yoga Strength Work Out (Ch 95) 10:00 Protestant Communion (TMR) 11:00 Rosary (Ch 95) 11:30 Marilyn Monroe: A Story w/ No End (Ch 95) 12:00 SV Sports Club: Cup Pong Practice (GR) 2:00 Superfood of the Month w/ Maureen (Dietician) (Oak) 3:00 Standing Balance (WC) 6:30 Mark Antony: Lover of Cleopatra (Ch 95)	15 10:00 Stretch & Strengthen (WC) 10:00 Whoo's Caring Blood Pressure Checks (C) 11:00 Callahan Education Session/Luncheon (Oak) 11:00 Rosary (Ch 95) 11:15 Wii Bowling (GR) 11:30 Miracle on the Hudson River (Ch 95) 1:00 Pie Tasting (Oak) 2:30 Bocci Ball (WC) 4:30 Birthday Dinner (Invite Only) (Oak) 6:30 NFL History (Ch 95)	16 9:00 Seated Functional Fitness (Ch 95) 10:30 Power Walk w/David (AL Lobby) 11:00 Good Eats Trip: Pappadeaux (Sign Up) (L) 11:00 Rosary (Ch 95) 11:30 1920 Prohibition (Ch 95) 2:00 Martin Luther King Jr. Lecture w/Tim Wilsey (CH) 2:30 Men's Strength & Power w/ David (WC) 3:30 Standing Balance (WC) 6:30 Judy Garland at Carnegie Hall (Ch 95) 7:00 Bingo Night (MP)	9:00 Fitness Fridays (WC) 10:00 \$\$ Bingo (Oak) 11:00 Rosary (Ch 95) 11:30 Betty White Documentary (Ch 95) 1:00 Memoir Writing w/ Lou (Oak) 1:00 SV Sports Club: Bean Bag Practice (WC) 2:30 Chair Volleyball (CH) 6:30 Muhammad Ali Documentary (Ch95) 7:00 Scrabble/Game Night (C)	9:00 Seated Tai Chai (Ch 95) 11:00 Rosary (Ch 95) 11:30 Paris 1919 (Ch 95) 1:00 TV Show: Presumed Innocence (T) 2:00 Saturday Night Ever: Inside Story (Ch 95) 6:30 Duke Ellington: Metro Opera House (Ch 95)
9:00 Chair Aerobics (Ch 95) 11:00 Rosary (Ch 95) 11:30 Edgar Allan Poe (Ch 95) 2:00 Lucy Goes to the Hospital (Ch 95) 6:30 Modern Marvels: Alaska Environment (Ch 95)	20 9:00 Noodle Workout (WC) 10:00 Catholic Mass (CH) 11:00 Rosary (Ch 95) 11:30 MLK: Times to Break Silence (Ch 95) 1:00 Bridge Club (C) 1:30 NFL Club: Football Trivia Showdown (Oak) 2:00 MLK: I Had A Dream (Ch 95) 2:00 New Axe Throwing (WC) 2:30 Bingo w/ Tory (AL MDR) 7:00 The Six Triple Eight (T)	21 9:00 Yoga Strength Work Out (Ch 95) 11:00 Rosary (Ch 95) 11:30 The Story of Concorde (Ch 95) 12:00 SV Sports Club: Cup Pong Practice (GR) 12:00 Trip to Wind Creek Casino (Sign Up) (L) 1:30 Brain Fitness (Art) 2:00 Illinois Philharmonic Orchestra Performance (CH) 3:00 Standing Balance (WC) 3:30 Happy Hour (Your Floor) 6:30 Dementia Support Group (CR) 7:00 Story Hour (T)	22 10:00 Stretch & Strengthen (WC) 10:00 Whoo's Caring Blood Pressure Checks (C) 11:00 Rosary (Ch 95) 11:15 Wii Bowling (GR) 11:30 Minnie Mouse Evolution (Ch 95) 11:30 Twister Experience (1st Movie) (T) 1:30 Twisters Experience (2nd Movie) (T) 2:30 Bocci Ball (WC) 6:30 Agatha Christie Code (Ch 95)	23 Marketing Event Today 9:00 Seated Functional Fitness (Ch 95) 10:30 Power Walk w/David (AL Lobby) 11:00 Behind the Scenes of St. Ignatius (Oak) 11:00 Rosary (Ch 95) 11:30 Elizabeth Blackwell: Life Achievements (Ch 95) 12:30 Trip to Target (Sign Up) (L) 2:30 Men's Strength & Power w/ David (WC) 3:30 Standing Balance (WC) 6:30 Documentary The Vatican's Papal Swiss Guard (Ch 95) 7:00 Casablanca (T)	24 9:00 Fitness Fridays (WC) 10:00 \$\$ Bingo (Oak) 11:00 Rosary (Ch 95) 11:30 American Scouting History (Ch 95) 1:00 Memoir Writing w/ Lou (Oak) 1:00 SV Sports Club: Bean Bag Practice (WC) 2:30 Chair Volleyball (CH) 6:30 The Eskimoe Pie Story (Ch 95) 7:00 Scrabble/Game Night (C)	25 8:45 Yoga w/Susan (WC) 9:00 Seated Tai Chai (CH 95) 11:00 Rosary (Ch 95) 11:30 The Making of 101 Dalmatians (Ch 95) 1:00 TV Show: Presumed Innocence (T) 6:30 Modern Marvels: The Art of Chocolate Making (Ch 95)
26 9:00 Chair Aerobics (Ch 95) 10:00 Community Bingo (CH) 11:00 Rosary (Ch 95) 11:30 Rocky Mountain National Park (Ch 95) 2:00 Line Dancing w/Natasha (WC) 2:30 General Dogulas MacArthur (Ch 95) 6:30 Phantom of the Opera (Ch 95)	27 9:00 Noodle Workout (WC) 10:00 Catholic Mass (CH) 11:00 Rosary (Ch 95) 11:30 Amadeus Mozart Biography (Ch 95) 11:30 Update Information w/ Shannon 11:30a-1p (Oak) 12:00 SV Sports Club: Ping Pong Practice (GR) 1:00 Bridge Club (C) 2:00 New Axe Throwing (WC) 2:30 Bingo w/Tory (AL MDR) 6:30 The Last Holocaust Survivors (Ch 95) 7:00 Superman: Chris Reeve's (T)	9:00 Yoga Strength Work Out (Ch 95) 10:30 Bocce Ball w/Mt. Carmel HS (CH) 11:00 Rosary (Ch 95) 11:00 Trip to Jewel (Sign Up) (L) 11:30 Boxing Class w/ Mt Carmel HS (WC) 11:30 The History of the Eiffel Tower (Ch 95) 12:00 SV Sports Club: Cup Pong Practice (GR) 1:00 Trip to Jewel (Sign Up (L) 1:30 Brain Fitness (Art) 3:00 Standing Balance (WC) 6:45 Trivia Night (Oak)	29 10:00 Stretch & Strengthen (WC) 10:00 Whoo's Caring Blood Pressure Checks (C) 11:00 Rosary (Ch 95) 11:15 Wii Bowling (GR) 11:30 Groundbreaking Oprah Winfrey (Ch 95) 11:30 Resident/Staff Art Show 11:30A-3P (CH) 2:30 Bocci Ball (WC) 6:30 Baseball Hall of Fame (Ch 95) 7:00 Dinner and a Movie (Sign Up) (T)	30 9:00 Seated Functional Fitness (Ch 95) 10:00 Resident Council (CH) 10:30 Power Walk w/David (AL Lobby) 11:00 Book Club (Oak) 11:00 Rosary (Ch 95) 12:00 Trip to Walmart (Sign Up) (L) 12:30 Family Feud (Oak) 2:30 Men's Strength & Power w/ David (WC) 3:30 Standing Balance (WC) 7:00 Cat Ballou (T)	31 9:00 Fitness Fridays (WC) 10:00 \$\$ Bingo (Oak) 11:00 Rosary (Ch 95) 11:30 Carol Channing: Larger than Life (Ch 95) 1:00 Memoir Writing w/ Lou (Oak) 1:00 SV Sports Club: Bean Bag Practice (WC) 2:30 Chair Volleyball (CH) 6:30 Spiced Hot Chocolate (Ch 95) 7:00 Scrabble/Game Night (C)	